

BOOKING TERMS

The cost for the October 2022 retreat in Ferreirola, to include all tuition, accommodation and food (except lunch on Thursday 6th October) is

€895 pp shared occupancy / €1135 single occupancy

You can reserve a place on the retreat with a deposit of €300 per person. Your deposit is fully refundable (less an administration fee of €50) until midnight on September 4th 2022.

The full balance of your fee is payable by 5th September 2022.

Registrations after this date will require payment of the full fee on registration.

From September 5th 2022

Cancellations from 00:01 on September 5th until midnight September 18th 2022 are refundable less the deposit of €300 euros. However, you can transfer your deposit to another person or, if we can fill your place, you will receive a full refund less a €100 administration fee.

Cancellations after 00:01 on September 18th 2022 are not refundable (unless we can fill your place, in which case you will receive a refund less a €150 administration fee).

Cancellations must be received in writing or by email from your personal email address.

By making a booking you agree to these terms and conditions.

We strongly recommend that you take out travel insurance that will cover you for any losses should you be forced to cancel. Please see the paragraph on Holiday Insurance at bottom of this page.

If you wish to make a booking please contact us and we will send you payment details:

Email, WhatsApp, Telegram or phone:

Joe (UK) joe@totalbreathing.com / +44 7970 611 077

Nuria (Spain) nuria@totalbreathing.com / +34 667 849 089

COVID PROTOCOLS

It is impossible to say what the Covid situation will be in October, but we are confident we can offer a safe environment to work together. The mountains of the Alpujarras have the most wonderfully clean air and (weather permitting) the majority of our work will be outdoors. Please be aware that the retreat involves lots of hands-on / near-proximity work.

We ask everyone to take a lateral flow test on the morning of October 3rd and not to attend the retreat if they test positive. The teachers will all do the same.

Participants are welcome to wear masks if they wish, but the teachers will not usually be wearing masks, although we are happy to do so during a private lesson if requested.

If the retreat has to be cancelled due to Covid regulations then you will receive a full refund for the cost of the retreat. However, we will not be able to refund your travel costs or other expenses.

We strongly recommend that you take out travel insurance that will cover you for any extra losses should we be forced to cancel the retreat due to Covid regulations. See below.

HOLIDAY INSURANCE

The law requires us to draw your attention to the importance of holiday insurance, which is also a condition of booking. A good policy should cover you against having to cancel for any good reason, as well as for flight delays, sickness, losses and all the usual risks. Some may cover you for flight changes or cancellations, even if due to the Covid-19 pandemic, although airlines may also have specific responsibilities.

(N.B. The European Health Insurance Card (EHIC) can still be used if its expiry date is valid; after that, it must be replaced by the Global Health Insurance Card (GHIC), obtainable from www.nhs.uk/ghic . Both cards cover medical treatment but not ambulances or residential charges for hospital stays).