

Colin Beattie's Curriculum Vitae

1989-1994: Degree of Bachelor of Science (Social Science)

1994 to present day: swimming instructor for various private companies and council schemes

1998 to 2001: full-time training as an Alexander Technique at Constructive Teaching Centre London

1999 to 2001: Diploma of Aqua Development and Health with Steven and Limor Shaw

2001 to present day: working as a teacher of The Alexander Technique

2014 to 2017: Postgraduate diploma in Jessica Wolf's Art Of Breathing